



FEDERAZIONE ITALIANA
DI ATLETICA LEGGERA

Alassio 10K

Running

CLASSIFICA CATEGORIA M

CIRCA 10 CHILOMETRI



Clt	Pet.	ATLETA	Sesso	Anno	Categoria	(Clt)	Club	Inter 1	(Clt)	Tempi	Scarto
1	229	CARTA MAURIZIO	Uomini	1978	SM35	(1)	ASD PODISTICA PERALTO	18:51.5	(2)	34:33.6	
2	133	STELLA GIOVANNI	Uomini	1967	SM50	(1)	GIANNONERUNNING	18:55.9	(3)	35:10.3	36.7
3	228	PACE GIUSEPPE	Uomini	1978	SM35	(2)	ASD PODISTICA PERALTO	18:59.6	(4)	35:18.8	45.2
4	93	FERRUJA ALESSANDRO	Uomini	1972	SM45	(1)	ALBENGA RUNNERS	19:00.3	(5)	35:32.5	58.9
5	118	GAGLIONE LEONARDO	Uomini	1993	SM	(1)	CAMBIASO RISSO	18:48.3	(1)	36:00.2	1:26.6
6	126	CARLINI DANIELE	Uomini	1987	SM	(2)	MARATHON CLUB IMPERIA	19:26.0	(7)	36:03.5	1:29.9
7	114	PILETTA MASSARO ALAN	Uomini	1986	SM	(3)	GS FULGOR	19:23.3	(6)	36:25.0	1:51.4
8	130	FOTI GIORGIO	Uomini	1992	SM	(4)	GIANNONERUNNING	19:30.2	(8)	36:53.1	2:19.5
9	95	PROLO SERGIO	Uomini	1965	SM50	(2)	AMATORI SPORT SERRAVALLE SESIA	20:20.6	(10)	37:35.2	3:01.6
10	76	MENGHI MATTEO	Uomini	1974	SM40	(1)	GP TALAMONA	20:48.8	(13)	38:17.0	3:43.4
11	131	CICCOTTI GIUSEPPE	Uomini	1971	SM45	(2)	GIANNONERUNNING	20:56.6	(15)	38:40.7	4:07.1
12	86	SALATINO CHRISTIAN	Uomini	1988	SM	(5)	ATLETICA TRECATE	20:40.8	(11)	38:44.7	4:11.1
13	91	BRUNI GIAN MARIA	Uomini	1981	SM35	(3)	AS MONACO	20:46.3	(12)	38:49.2	4:15.6
14	233	REVELLO ALESSIO	Uomini	1981	SM35	(4)	MARATHON CLUB IMPERIA	21:07.2	(18)	39:06.9	4:33.3
15	115	BARLOCCO GABRIELE	Uomini	1961	SM55	(1)	ATLETICA CAIRO	20:54.6	(14)	39:13.5	4:39.9
16	148	VACCHINI MARCO	Uomini	1974	SM40	(2)	ATLETICA PALZOLA	20:58.0	(16)	39:29.3	4:55.7
17	144	SENISE FRANCESCO	Uomini	1970	SM45	(3)	PRO S.PIETRO SANREMO	21:23.4	(21)	39:37.6	5:04.0
18	90	PEZZINI ROBERTO	Uomini	1966	SM50	(3)	ATLETICA TRECATE	21:15.1	(19)	39:41.5	5:07.9
19	84	ADINOLFI VINCENZO	Uomini	1955	SM60	(1)	ATLETICA TRECATE	21:23.3	(20)	39:43.2	5:09.6
20	94	CONSOLI LORENZO	Uomini	1981	SM35	(5)	AMATORI SPORT SERRAVALLE SESIA	21:06.6	(17)	40:06.2	5:32.6
21	107	FALVO ANTONIO	Uomini	1958	SM55	(2)	GS FULGOR	21:25.8	(22)	40:34.0	6:00.4
22	313	MORETTI CESARE	Uomini					22:42.3	(25)	41:13.6	6:40.0
23	87	SAPORITI MARIO	Uomini	1970	SM45	(4)	ATLETICA TRECATE	22:19.6	(23)	41:53.2	7:19.6
24	321	PIRRONE IGNAZIO	Uomini					22:38.8	(24)	41:57.2	7:23.6
25	137	KAGUME JOYCE MUTONI	Donne	1974	SF40	(1)	MARATHON CLUB IMPERIA	22:45.5	(26)	41:58.7	7:25.1
26	82	PAGANO VINCENZO	Uomini	1976	SM40	(3)	POD.DEGLI AMICI PIANEZZA TO	22:50.6	(28)	42:12.7	7:39.1
27	140	HERO LAILA FRANCESCA	Donne	1980	SF35	(1)	ATLETICA ARCOBALENO SAVONA	22:50.8	(29)	42:20.0	7:46.4
28	75	CUCCHI CINZIA	Donne	1980	SF35	(2)	GP TALAMONA	22:53.3	(31)	42:29.2	7:55.6
29	85	BELLO AMALIO	Uomini	1964	SM50	(4)	ATLETICA TRECATE	22:56.6	(33)	42:29.3	7:55.7
30	330	DUTTO PIERANGELO	Uomini	1990	SM	(6)		23:05.0	(34)	42:43.4	8:09.8
31	135	GHIRINGHELLI GUIDO	Uomini	1963	SM50	(5)	ATLETICA VARAZZE	23:05.8	(35)	42:44.6	8:11.0
32	331	SALMOIRAGHI LUCA	Uomini	1988	SM	(7)		23:06.0	(36)	42:46.2	8:12.6
33	230	MARTORELLA VALENTINA	Donne	1982	SF35	(3)	RUNCARD	23:42.0	(40)	42:53.9	8:20.3
34	146	OGGIANA GIOVANNI	Uomini	1973	SM40	(4)	SAN REMO RUNNERS	22:51.2	(30)	42:56.8	8:23.2
35	103	AGOSTINO LUIGI	Uomini	1959	SM55	(3)	GS FULGOR	22:48.1	(27)	43:13.4	8:39.8
36	120	PARISI VITO	Uomini	1959	SM55	(4)	MARATHON CLUB IMPERIA	23:12.2	(37)	43:30.0	8:56.4
37	145	DE LAURETIS RAFFELE	Uomini	1963	SM50	(6)	PRO S.PIETRO SANREMO	22:54.6	(32)	43:54.7	9:21.1
38	335	TARANTO GABRIELE	Uomini	1973	SM40	(5)		24:28.3	(51)	43:55.9	9:22.3
39	102	NATAH ABDERRAHIM	Uomini	1968	SM45	(5)	LA CECCA	23:27.8	(38)	43:56.7	9:23.1
40	234	FERRANDO MASSIMO	Uomini	1971	SM45	(6)	ATLETICO UNIVERSALE DON BOSCO	23:54.1	(44)	44:14.1	9:40.5
41	314	PARETI MARCO						23:56.9	(45)	44:29.1	9:55.5
42	96	IMAZIO CLAUDIO	Uomini	1953	SM60	(2)	AMATORI SPORT SERRAVALLE SESIA	23:57.1	(46)	44:30.0	9:56.4
43	143	ANGOTTI PAOLO	Uomini	1946	SM70	(1)	PRO S.PIETRO SANREMO	24:01.4	(47)	44:33.3	9:59.7
44	305	PAOLIERI GIAN MARCO	Uomini	1960	SM55	(5)	INDIVIDUALE	23:30.3	(39)	44:36.9	10:03.3
45	124	POZZOLI LORENZO	Uomini	1978	SM35	(6)	RUNCARD	23:50.3	(43)	44:43.2	10:09.6
46	106	GIULIANO MICHELE	Uomini	1964	SM50	(7)	GS FULGOR	23:50.1	(42)	44:56.7	10:23.1
47	329	BOGLIOLO ITALO	Uomini	1985	SM	(8)		24:45.9	(57)	45:10.6	10:37.0
48	110	MARCHILI MAURIZIO	Uomini	1963	SM50	(8)	GS FULGOR	24:29.6	(52)	45:20.1	10:46.5
49	323	ALLIATA FULVIO	Uomini					24:33.9	(53)	45:25.5	10:51.9
50	231	PALERMO FRANCO	Uomini	1963	SM50	(9)	LA CECCA	23:44.0	(41)	45:31.9	10:58.3
51	136	SANGUINETI GIUSEPPE	Uomini	1960	SM55	(6)	RUNNER ROVANO	24:15.8	(48)	45:42.9	11:09.3
52	128	CAVALLERI CRISTIAN	Uomini	1975	SM40	(6)	PODISTICA SAVONESE	24:25.8	(50)	45:46.8	11:13.2
53	232	CANDELLERO LUISA	Donne	1985	SF	(1)	MARATHON CLUB IMPERIA	24:38.6	(55)	45:56.7	11:23.1
54	108	BOLLEN LORIS	Uomini	1953	SM60	(3)	GS FULGOR	24:25.1	(49)	46:25.2	11:51.6
55	141	CAMMALLERI BENEDETTA	Donne	1990	SF	(2)	MARATHON CLUB IMPERIA	24:47.1	(58)	46:26.4	11:52.8
56	112	GRIANIERI VINCENZA	Donne	1965	SF50	(1)	GS FULGOR	24:37.8	(54)	46:28.0	11:54.4
57	105	MUNERATO MARCO	Uomini	1970	SM45	(7)	GS FULGOR	20:08.3	(9)	46:28.7	11:55.1
58	117	MELA MARCELLO	Uomini	1962	SM55	(7)	MARATHON CLUB IMPERIA	25:20.3	(66)	46:50.7	12:17.1
59	81	SACCONI MARINA	Donne	1970	SF45	(1)	RUN RIVIERA RUN	24:53.1	(59)	46:55.8	12:22.2
60	138	RUGGIERO FRANCA	Uomini	1970	SM45	(8)	MARATHON CLUB IMPERIA	25:16.7	(64)	46:59.8	12:26.2
61	121	MAZZOLA CORRADO	Uomini	1955	SM60	(4)	MARATHON CLUB IMPERIA	25:19.9	(65)	47:01.5	12:27.9
62	92	NAVACCHIA MARIA GRAZIA	Donne	1952	SF65	(1)	TEAM MARATHON S.S.D.	25:25.3	(68)	47:09.5	12:35.9
63	79	FALLETTA GIUSEPPE	Uomini	1955	SM60	(5)	ATLETICA CERIALE S.GIORGIO	25:21.1	(67)	47:13.0	12:39.4
64	302	STALLA PIETRO	Uomini	2006	EM	(1)	INDIVIDUALE	24:41.7	(56)	47:20.9	12:47.3
65	147	CANDOTTI ROBERTO	Uomini	1966	SM50	(10)	RUNNER ROVANO	25:06.5	(60)	47:32.6	12:59.0
66	139	TURRINI ORNELLA	Donne	1967	SF50	(2)	MARATHON CLUB IMPERIA	25:09.5	(61)	47:34.3	13:00.7
67	72	FERRARIO LUCA	Uomini	1974	SM40	(7)	AVIS BIO CORRENDO	25:54.8	(71)	47:42.2	13:08.6
68	316	ZANINETTI CLAUDIO	Uomini					25:31.3	(69)	47:58.6	13:25.0
69	88	SQUILLANTE RAFFAELA	Donne	1968	SF45	(2)	ATLETICA TRECATE	26:39.3	(77)	48:00.5	13:26.9
70	142	CALVINI PIERINO	Uomini	1950	SM65	(1)		25:54.8	(71)	48:12.7	13:39.1

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71	134	SACCO ERMANNO	Uomini	1964	SM50	(11)	AS FOCE IM030	25:14.5	(62)	48:20.2	13:46.6
72	80	FERRABONE FERNANDA	Donne	1959	SF55	(1)	RUN RIVIERA RUN	25:53.3	(70)	48:25.0	13:51.4
73	116	GIRELLO DANILO	Uomini	1967	SM50	(12)		25:14.8	(63)	48:41.2	14:07.6
74	78	AICARDI MATTEO	Uomini	1975	SM40	(8)	BAIA DEL SOLE	26:29.1	(76)	48:52.0	14:18.4
75	73	GIUNTA DANIELE	Uomini	1978	SM35	(7)	RUN CARD	25:55.8	(73)	49:01.0	14:27.4
76	318	BAGLIO MICHELE	Uomini					26:11.3	(74)	49:31.2	14:57.6
77	332	CASTAGNINO LARA	Donne	1985	SF	(3)		26:25.6	(75)	50:24.5	15:50.9
78	300	THEA CORRADO	Uomini	1982	SM35	(8)	INDIVIDUALE	27:50.3	(86)	50:38.0	16:04.4
79	301	MARUCCI CAROLA	Donne	1981	SF35	(4)	INDIVIDUALE	27:51.7	(87)	50:38.9	16:05.3
80	324	MORA FABIO	Uomini				GS FULGOR	27:22.1	(82)	50:41.7	16:08.1
81	83	CASTAGNO MANUELA	Donne	1978	SF35	(5)	TEAM MARATHON S.S.D.	27:10.3	(79)	50:57.2	16:23.6
82	320	GARBI LUIGINO	Uomini					27:35.7	(84)	51:54.9	17:21.3
83	71	TORRE DAVIDE	Uomini	1966	SM50	(13)	ALBENGA RUNNERS	27:27.8	(83)	51:56.5	17:22.9
84	123	IBERTO STEFANIA	Donne	1980	SF35	(6)	MARATHON CLUB IMPERIA	27:57.7	(89)	51:59.9	17:26.3
85	122	GIARDINO CARLO	Uomini	1968	SM45	(9)	MARATHON CLUB IMPERIA	27:56.4	(88)	52:00.6	17:27.0
86	111	BRUGO VALENTINA	Donne	1973	SF40	(2)	GS FULGOR	27:19.6	(81)	52:04.0	17:30.4
87	101	SALMI VINICIO	Uomini	1949	SM65	(2)	AMATORI SPORT SERRAVALLE SESIA	27:15.3	(80)	52:13.5	17:39.9
88	70	MAIO FABRIZIO	Uomini	1973	SM40	(9)	PODSITICA TORINO	27:06.6	(78)	52:30.0	17:56.4
89	306	LUNGH ROBERTO	Uomini	1970	SM45	(10)	INDIVIDUALE	28:23.7	(93)	52:30.9	17:57.3
90	104	BRUGO RENZO	Uomini	1952	SM65	(3)	GS FULGOR	28:01.1	(90)	52:42.0	18:08.4
91	129	EMERIA ELISA	Donne	1974	SF40	(3)	GSD VALTANARO	28:56.4	(95)	53:30.3	18:56.7
92	328	PALESTRINI LUCA	Uomini	1982	SM35	(9)		28:25.2	(94)	53:32.9	18:59.3
93	109	BRUGO MARIO	Uomini	1980	SM35	(10)	GS FULGOR	28:16.6	(91)	54:08.2	19:34.6
94	325	CAFFARATO CLAUDIA	Donne	1967	SF50	(3)		34:11.9	(111)	54:36.3	20:02.7
94	113	GIAVARA ANTONELLA	Donne	1965	SF50	(3)	GS FULGOR	28:58.8	(96)	54:36.3	20:02.7
96	125	CARLINI PATRIZIA	Donne	1984	SF	(4)	MARATHON CLUB IMPERIA	29:38.7	(103)	55:09.9	20:36.3
97	127	SORGENTONI VALERIO	Uomini	1987	SM	(9)	MARATHON CLUB IMPERIA	29:37.6	(102)	55:10.9	20:37.3
98	74	CAPRICE DANIELE	Uomini	1971	SM45	(11)	VARESE TRIATHLON S.B.R.	29:06.1	(98)	55:19.5	20:45.9
99	322	BRIVIO LUISA	Donne	1977	SF40	(4)	TTB TRIATHLON TEAM BRIANZA	29:03.8	(97)	55:43.3	21:09.7
100	303	RONDINELLI ELISABETTA	Donne	1971	SF45	(3)	INDIVIDUALE	29:34.1	(101)	56:03.6	21:30.0
101	308	AMERIO WALTER	Uomini	1970	SM45	(12)	INDIVIDUALE	29:28.7	(99)	56:38.0	22:04.4
102	315	ZANINETTI VALENTINA	Donne					30:32.3	(104)	59:46.9	25:13.3
103	317	RONCHETTI DANIELA	Donne					31:46.6	(105)	1h00:55.1	26:21.5
104	327	COLLETTI JACOPO	Uomini	1992	SM	(10)		29:31.2	(100)	1h00:57.9	26:24.3
105	309	BOZZOLA BARBARA	Donne	1969	SF45	(4)	INDIVIDUALE	32:52.6	(107)	1h01:00.6	26:27.0
106	307	PARODI FRANCESCA	Donne	1976	SF40	(5)	INDIVIDUALE	32:51.2	(106)	1h01:03.2	26:29.6
107	311	SIRI BARBARA	Donne	1974	SF40	(6)	INDIVIDUALE	33:50.2	(109)	1h02:40.2	28:06.6
108	304	RAVAGNANI SIMONA	Donne	1978	SF35	(7)	INDIVIDUALE	33:35.6	(108)	1h03:10.8	28:37.2
109	97	CAPPATO DANIELA	Donne	1956	SF60	(1)	AMATORI SPORT SERRAVALLE SESIA	33:59.2	(110)	1h03:45.2	29:11.6
110	312	PIROVANO FEDERICA	Donne	1973	SF40	(7)	INDIVIDUALE	34:17.9	(112)	1h03:52.9	29:19.3
111	310	PONTI ROBERTO	Uomini	1968	SM45	(13)	INDIVIDUALE	46:25.2	(116)	1h06:03.3	31:29.7
112	119	FRUMENTO NICOLETTA	Donne	1963	SF50	(5)	MARATHON CLUB IMPERIA	35:11.0	(113)	1h08:55.7	34:22.1
113	334	MINGOIA GIULIA	Donne	1994	SF	(5)		35:14.9	(114)	1h08:57.0	34:23.4
114	333	ROSSI ARIANNA	Donne	1970	SF45	(5)		35:15.9	(115)	1h08:57.5	34:23.9